

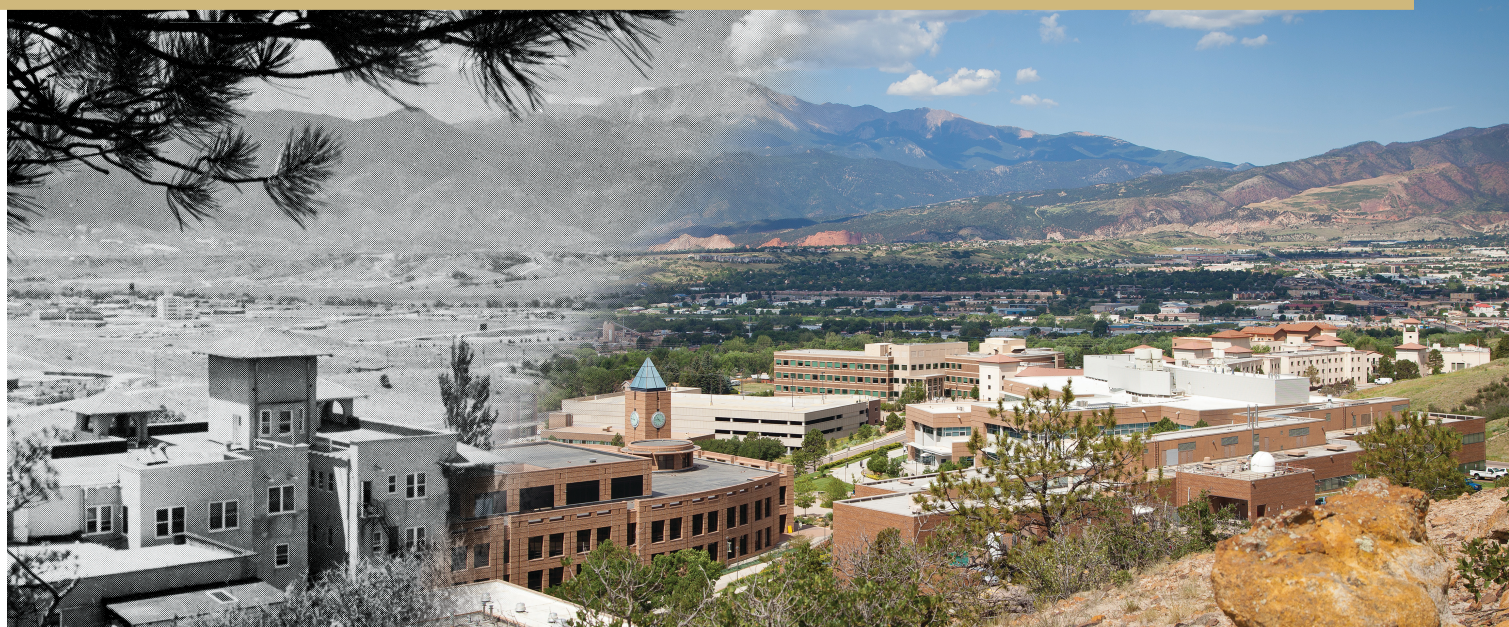


University of Colorado  
Colorado Springs

# 2017 Biennial Review

Drug-Free Schools and Communities Act

July 2015-June 2017



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# Introduction of the Biennial Review

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In accordance with the Drug Free Schools and Communities Act (DFSCA), Education Department General Administrative Regulations (EDGAR) Part 86, the University of Colorado Colorado Springs (UCCS), as an institution of higher education with federal funding is required to conduct a Biennial Review of all alcohol and drug prevention efforts. The Biennial Review requires the following two objectives be met:

1. To determine alcohol and other drug (AOD) prevention program effectiveness by identifying and implementing needed changes through a description of AOD program elements, goals and achievements, strengths and weaknesses, procedures for distributing AOD notifications, copies of policies available to students, and recommendations.
2. To enforce the sanctions fairly and consistently through reviews of past cases and documentation of the efforts to support the standards of conduct.

The following offices provided information through statistics, interviews, and online resources to inform the Biennial Review process:

- Office of the Dean of Students
- Department of Public Safety
- The Wellness Center
- Office of Residence Life and Housing
- Campus Recreation Center
- Office of Student Activities
- Human Resources Office
- Office of Student Life and Leadership

The data collected will be made available online through the Office of the Dean of Students and the Alcohol and Other Drugs websites. Printed copies may be requested from the Office of the Dean of Students.

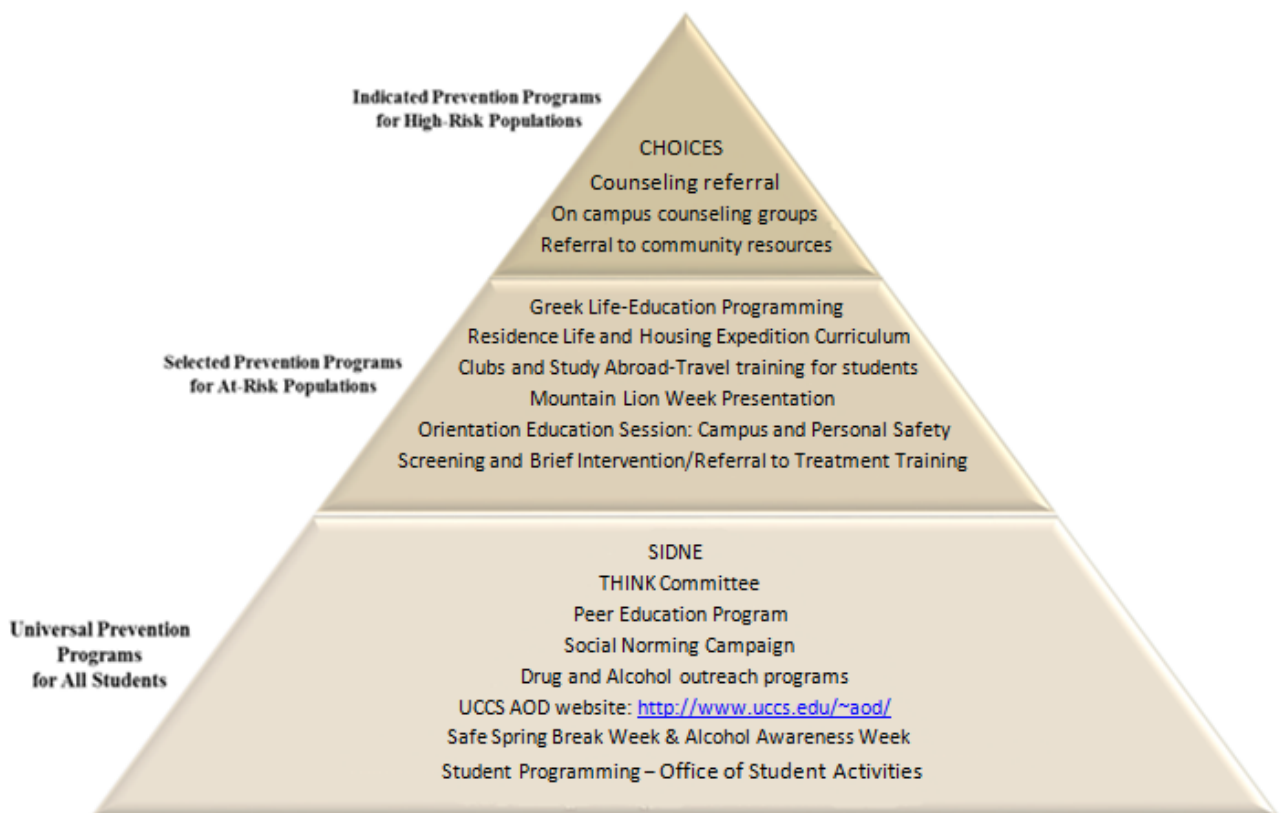
The purpose of this report is to meet the requirements set forth by the DFSCA in conducting a Biennial Review as well as educate the UCCS campus community on alcohol and drug prevention from July 2015 to June 2017.

# Objective I. Alcohol and Other Drug Prevention Programming

## A. Program Elements, Goals, and Achievements

UCCS utilizes the Substance Abuse and Mental Health Services Administration (SAMHSA) Prevention Model for Alcohol and Other Drug (AOD) Prevention Programming. This model recommends a multi-tier approach focusing on prevention strategies for universal, selective, and indicated populations. In this model, the majority of the University's prevention efforts focus on primary prevention at the universal level. Prevention strategies provide alternatives to high-risk behavior and educates all students on pro-social behaviors. Prevention strategies for the selective population focus on early intervention and harm reduction for groups of students with identifiable risk-factors, such as housing students and incoming freshmen. The third tier of the prevention model, the indicated group, focuses on those who have been referred to judicial affairs for alcohol or drug policy violations.

The figure below indicates where programming efforts fall within the tier system:



AOD prevention program activities implemented from July 1, 2015 to June 30, 2017 by multiple UCCS departments are described below:



- CHOICES<sup>1</sup>
  - ALCOHOL: 90 minute peer-facilitated class given 1-2 times per month during the fall and spring semesters for students who were referred by Residence Life and/or the Office of the Dean of Students for a first time alcohol violation
  - MARIJUANA: 60 minute facilitated one-on-one meeting offered on an as needed-basis during the fall and spring semesters for students who were referred by Residence Life and/or the Office of the Dean of Students for a first-time marijuana violation
  - GOAL: Alcohol and marijuana abuse prevention and harm reduction program for college students involving reflective journaling and discussion to guide students to make informed decisions and reduce their risk and harm
- Counseling and Community Referrals
  - The Wellness Center offers a one-time counseling assessment for students who have repeat alcohol or drug violations. They also offer continuing counseling services and community referrals if deemed necessary through the assessment process
  - GOAL: To conduct a mental health threat assessment and if needed develop a prevention or treatment plan which could include follow-up counseling sessions, support groups, or community referrals
- Campus and Personal Safety Presentation
  - 10-15 minute presentation during Freshman and Transfer Student Orientations
  - Online presentations offered to students who cannot attend in-person orientation
  - 2015: 715 Online Students, 3196 Freshmen and Transfer Students
  - 2016: 898 Online Students, 3618 Freshmen and Transfer Students
  - 2017: 625 Online Students, 3281 Freshmen and Transfer Students
  - Addresses overall campus safety for students, drug and alcohol awareness, sexual harassment, assault prevention, and emergency preparedness
  - GOAL: To educate students on local laws, UCCS policies, and the Student Code of Conduct
- Residence Life and Housing
  - Implementation of Expedition Curriculum
  - Focus on intentional interactions through floor meetings, bulletin boards, community activities/meetings and village wide programs that outline specific learning outcomes
  - Learning outcomes: Belonging, Individuality, Citizenship and Growth
  - Resident Assistants and residents motivated to attend events related to alcohol and drugs
  - GOAL: Guiding students in knowing and accepting community standards and understanding self-care strategies

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<sup>1</sup> <http://www.uccs.edu/aod/sanctions.html>

- SIDNE<sup>2</sup>
  - SIDNE (Simulated Impaired Driving Experience): Battery-powered vehicle in which alcohol and other drug impairment is simulated through a delayed response mode
  - Spring 2017: Received new SIDNE vehicle, grant funded through Drive Smart
  - GOAL: Demonstrate the dangers of impaired driving
- THINK Committee
  - Campus-wide committee with representation from Public Safety, Dean of Students Office, Student Activities, Recreation and Wellness Center and Residence Life and Housing departments
  - GOAL: “THINK is a drug and alcohol awareness committee on campus committed to raising awareness of the consequences of drug and alcohol use”<sup>3</sup>
- Safe Spring Break Week
  - 2016 Campaign: Sun, Slope and Service-Make the Break Safe
  - Week-long campaign of events prior to spring break to provide education about drug and alcohol issues, sexual health, and general health and travel safety
  - GOAL: To encourage college students to have a safe spring break by remembering safety tips about impaired driving, alcohol abuse, road safety, sun exposure, and decision-making regarding sexual activity and health
- National Collegiate Alcohol Awareness Week Campaign
  - Programs/events, forums and educational initiatives aimed at raising awareness of alcohol issues on campus.
  - GOAL: Bringing attention to the serious public health issues posed by excessive drinking among college students
- FATAL VISION® Goggles
  - FATAL VISION® Goggles simulate sight impairment for three levels of estimated BAC (less than .06, .07 to .10+, and .17 to .20+) in both daylight and nighttime conditions
  - GOAL: Demonstrate the concept of impairment and the dangers of alcohol and drug misuse to students
- Mountain Lion Week Presentation
  - Freshman Orientation Session featuring speakers related to responsible drinking, consent, healthy relationships, and discrimination and harassment.
  - GOAL: Educate all incoming freshman on UCCS policies and procedures
- Club and Study Aboard Travel Training
  - Pre-trip meeting required for all club members that will be traveling
  - Review of intent to travel to discuss trip details, funding, alcohol and substance use policy, discrimination and harassment policy, sexual misconduct and risk management
  - GOAL: Meeting to discuss travel arrangements and university policy and expectations

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<sup>2</sup> <http://www.uccs.edu/pusafety/prevention/crime-prevention/alcohol-awareness-program.html>

<sup>3</sup> <http://www.uccs.edu/pusafety/prevention/crime-prevention/think-drug-and-alcohol.html>

- Social Norming Campaign
  - Four (4) year campaign educating students about the consequences (financial, legal, personal, etc.) of impaired driving using a variety of communication strategies and tactics
  - Campaign's main messaging (focus): #SmartMoveUCCS<sup>4</sup>
  - Through focus groups and survey data, positive campaign messaging has been spread across campus in a variety of communication media
  - GOAL: Providing information about college alcohol use to elicit change in the student perception of drinking norms on campus and, in turn, lead to fewer students engaging in high-risk drinking
- Screening and Brief Intervention/Referral to Treatment (SBIRT) Training
  - Evidence-based practice used to identify, reduce, and prevent problematic use, abuse and dependence of alcohol and illicit drugs
  - Trained departments linked to THINK Committee to include: Residence Life and Housing, Public Safety, Health and Wellness Center, Office of Student Activities and Office of Institutional Equity
  - GOAL: Training focused on how to administer screening, deliver brief intervention, employ motivational interviewing, and make referrals to specialized treatments
- Peer Education Program
  - Students trained in topic areas of: alcohol and drug awareness, health and wellness promotion, and sexual assault & interpersonal violence
  - Empowering students to promote wellness on campus through evidence-based programs and events to share knowledge with their peers
  - GOAL: A diverse group of students who work in conjunction with other university services to deliver preventative and holistic programs and events to their fellow peers
- Glass Half Full
  - 8-10 week long group therapy
  - Yoga therapy and discussion
  - GOAL: a harm reduction group to help students cut down on their substance use and minimize the impact of their use
- Additional activities for alcohol and drug awareness hosted on-campus:
  - Water Pong Tournament, Trivia Nights, Mario Kart Tournament, Ray's Awareness Tabling, Mocktails, Amazing Race
  - Greek Life and Athletics educational programs (held once per semester)
  - Office of Student Activities (OSA) hosts events throughout the year to provide a fun alternative to drinking. Preview Days, Welcome Week, Homecoming Week, and ROAR Daze all feature multiple alcohol-free social events held during strategic times of the year to curb high-risk drinking behavior

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<sup>4</sup> <http://www.uccs.edu/~smartmoveuccs/>

## B. Program Strengths and Weakness

Strengths and weakness of the AOD program were collected from participants of the THINK committee, a campus wide committee dedicated to raising awareness of the consequences of drug and alcohol use. Feedback was compiled by the Office of the Dean of Students.

### Strengths

- Gained a professional staff, student staff and resources dedicated to alcohol and drug prevention efforts
- Established yearly/consistent programming initiatives
- Consistent enforcement of Student Conduct process for underage drinking
- CHOICES Courses
  - Participants indicated the program was effective in increasing awareness of alcohol risks and facts surrounding drinking<sup>5</sup>
  - 4.5% recidivism rate <sup>6</sup>
- Campus involvement with the Colorado Coalition of Alcohol and Drug Educators
  - Awarded 2016-2018 CADE Collaborate Cohort Scholarship
- Implementation of Social Norming Campaign
  - Collected data on behavior change related to students' alcohol and drug use from Spring 2016 to Spring 2017
- Updated Student Code of Conduct Policies and Procedures
  - Specifies details and requirements of **Good Samaritan Provision**
- Continual presence and awareness at Freshman/Transfer Orientations with interactive presentation that educates incoming students on UCCS policies, Good Samaritan Law, and getting help for others
- Strong communication and strong collaborative relationships between campus partners

### Weaknesses

- Limited off-campus resources; no regional coordination between higher education institutions
- Insufficient awareness efforts regarding marijuana, prescription drugs(opiates) and other club drugs
- Non-regulated off-campus house parties
- Consistent assessment of prevention programs

## C. Program Threats and Recommendations

Program threats and recommendations were also compiled by the THINK committee.

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<sup>5</sup> Course post-test and satisfaction surveys

<sup>6</sup> Calculated based on reported repeat offenders during the period of review.



## Threats

- Rapid growth of campus population
- Increase in residential student population
- Privately-owned housing communities located near campus opening fall 2017
- No alcohol education required beyond orientation sessions
- Unregulated off-campus parties
- Growing mainstream acceptance of marijuana use
- Prevalence of mixing/combining drugs [typically alcohol with another substance]

## Recommendations

- Partner with community designated driver/safe ride programs
- Implement of party registration program for off-campus students (similar to CU Boulder<sup>7</sup>)
- Create/maintain collaborative relationships and communication with privately-owned housing communities
- Enhance parental involvement in addressing issues of alcohol and other drug abuse by reminding parents of the importance of continuing to discuss expectations with their student about alcohol and other drug use/non-use
- Continue to provide programs that focus on alcohol while also enhancing efforts to address marijuana and other drug use/abuse

# Objective II. Alcohol and Other Drug Policy Compliance

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## A. Distribution Procedures

### 1. Annual Notifications

In order to comply with the Drug-Free Schools and Campuses Regulations, Part 86, procedures for distributing annual Alcohol and Other Drug (AOD) notifications to all enrolled UCCS students and all employees are as follows:

Electronic:	<ul style="list-style-type: none"><li>• Emails are sent to all students (off-campus, abroad, and online) and all employees (full-time, part-time, off-campus, and online) at the beginning of fall and spring semesters</li><li>• AOD notifications and policies are publicly accessible online (See Objective I. C. 2.)</li></ul>
Paper:	<ul style="list-style-type: none"><li>• Resident students receive the Resident Handbook, which contains the AOD policies</li><li>• Posters with substance-free events are placed around campus</li><li>• Course catalogs for each semester include notifications and policies in brief</li></ul>

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<sup>7</sup> <http://ocss.colorado.edu/content/party-registration-program-0>

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- Presentation:
- Presentations involving AOD policies are given to first year students and transfer students at orientations
  - Presentations at various campus events
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## 2. Campus Policies

Many of the policies listed below are from the Alcohol and Other Drug UCCS website, which was created and is maintained by the Office of the Dean of Students. The AOD website includes information on:

- University policies
- Health effects information
- Resources and services available on and off campus
- Penalties and sanctions for misuse of alcohol and other drugs

All policies including AOD resources and legalities:

### **Student Code of Conduct:**

<http://www.uccs.edu/Documents/dos/Final%20Approved%20Code%20of%20Conduct%20Fall%202016%20.pdf> *(Page 5 of document)*

### **Campus Alcohol Policy #100-003:**

<http://www.uccs.edu/aod/policy.html>

### **Drug Free Workplace Act:**

<http://www.uccs.edu/Documents/vcaf/policies/2014/100-014.pdf>

### **Financial Aid Drug Convictions Policy:**

<http://www.uccs.edu/finaid/policies/drug.html>

### **Human Resources—State of Colorado Substance Abuse Policy:**

Document downloadable from <http://www.uccs.edu/aod/policy.html> under “State of Colorado Substance Abuse Policy”

### **Public Safety Drug and Alcohol Policy:**

(Part A): <http://www.uccs.edu/aod/policy.html>

(Part B): <http://www.uccs.edu/Documents/vcaf/policies/2014/100-014.pdf>

### **Athletic Department AOD Intramural Sports Policy:**

<http://www.uccs.edu/Documents/campusrec/Intramurals/2016-2017%20Intramural%20Sports%20Handbook%20.pdf>  
*(Page 19 of document)*

### **Athletic Department AOD Club Sports Policy:**

<http://www.uccs.edu/Documents/campusrec/Club%20Sports/2013-2014%20Club%20Sports%20Handbook.pdf>  
*(Page 12 of document)*

**Athletic Department Alcohol and Other Drug Testing Policy:**

<http://www.uccs.edu/aod/policy.html>

**Alcoholic Beverages and Substance Abuse Policy—University Housing  
(Starting on Page 5 of document):**

<http://www.uccs.edu/Documents/residence/ORLH%20Handbook%20Rev%20September%202016.pdf>

## **B. Enforcement of Campus Policies and Case Documentation**

### **1. Campus Policy Enforcement**

#### **Campus Enforcement**

UCCS Police Officers routinely patrol campus to ensure all students, faculty, staff, and campus visitors are complying with state and federal laws as well as University policies. The department maintains strict internal guidelines for ensuring all parts of campus are being checked on a regular basis. Public Safety also employs security officers in addition to their police officers to provide additional monitoring of high-risk areas. These security officers have direct access to UCCS police dispatch, so they can quickly report any suspicious activity.

#### **Housing Enforcement**

In addition to regular foot patrols by UCCS Police and security guards, Resident Assistants (RAs) are required to complete rounds through all of the housing areas to monitor for policy violations. RAs are provided with training on AOD policies and enforcement prior to the fall and spring semesters. Additionally, three full-time professional staff members reside in the residence halls, and there is always a student staff member and a professional staff member on-call after hours for incidents occurring in housing areas.

#### **Judicial Process**

The judicial process is initiated when a Residence Life Incident Report, a Police Report, or a written complaint with sufficient information is received by either the Dean of Students Office or the Office of Residence Life and Housing. Upon receipt of the complaint or report, the judicial officer may conduct an investigation to decide whether there is substance to the allegations, whether the allegations fall within the jurisdiction of this policy, and whether conduct proceedings should occur. The student is notified and the case is heard according to the guidelines provided by the Student Code of Conduct.

If the student is found responsible, sanctions imposed for misconduct must be based upon a consideration of all the circumstances in a particular case. First and second offenses may result in the following: a) Parental notification; b) Probation; c) Attendance of a University sponsored alcohol awareness class; d) Substance abuse assessment referral; e) Community service; f) Written educational assignments. Third or subsequent offenses may result in suspension or expulsion.

Mitigating and aggravating circumstances are considered in the case, and repeated violations are likely to result in progressively more severe sanctions. Sanctioning of alcohol and drug violations may be more severe if the incident includes any of the following aggravating factors: public intoxication, provision of alcohol/drugs to minors, driving a vehicle under the influence of alcohol/drugs, damage to property, and/or obstruction of a peace officer or failure to cooperate with a University official. Sanctioning may also be more severe if the violation is accompanied by other violations of the Student Code of Conduct or multiple violations of the Student Code of Conduct.

All conduct cases are managed and tracked through a judicial software. Cases are reviewed annually by the Dean of Students, Associate Director of Housing, and Public Safety Operations Manager to ensure fair and consistent enforcement of sanctions by hearing officers.

Complete information on the UCCS judicial process can be found at:

<http://www.uccs.edu/Documents/dos/Final%20Approved%20Code%20of%20Conduct%20Fall%202016%20.pdf>

## 2. Case Documentation and Statistics

In order to measure consistency in enforcement of AOD offenses, the Biennial Review for the DFSCA requires institutions of higher education to document each case and treat each case with similar repercussions.

Each case reported through UCCS Public Safety can be viewed at the following link on UCCS' website: <http://www.uccs.edu/pusafety/blotter.html>

### Violations Recorded

From July 2015-June 2017 there were 189 cases reported to Public Safety involving alcohol and/or drug misuse. The table below indicates the type of case and number of cases for each 6 month period during this time. Cases may have involved multiple individuals.

	July-December 2015	January- June 2016	July-December 2016	January- June 2017
<b>Alcohol Misuse</b>	35	14	39	36
<b>Drug Misuse</b>	25	6	21	13
<b>Alcohol and Drug Misuse</b>	0	0	0	0
<b>Total</b>	60	20	60	49

### Violation Case Dispositions

The table below indicates the outcomes of the cases reported to UCCS Public Safety during this two year period. Because cases may have involved multiple individuals, more than one outcome may have occurred with the case.



	July-December 2015	January-June 2016	July-December 2016	January-June 2017
<b>Case Open</b> -The case is still being investigated	0	0	0	0
<b>Case Open Inactive</b> -The case is left open pending information that would allow the investigation to continue.	0	0	0	0
<b>Case Closed by Arrest</b> -The suspect(s) in the case have been identified and have been either summonsed into court or booked into jail.	21	7	13	38
<b>Case Closed Unfounded</b> -The report of a crime has been unsubstantiated through investigation.	1	0	3	0
<b>Case Closed by Referral</b> -The subject(s) in the case have been issued verbal warnings for their actions and referred to the appropriate university authority.	90	38	118	135
<b>Case Closed Exceptionally</b> -The victim in the case has chosen not to file charges against the suspect.	0	0	0	0
<b>Case Closed</b> -All appropriate action in the case has been taken and has not resulted in an arrest or referral.	0	0	0	0

There have been no drug and alcohol-related fatalities at UCCS during this two-year time period.

### Judicial Sanctions

The table below indicates the number of students assigned to the following sanctions for drug or alcohol offenses from July 2015 to June 2017. Students may have been assigned to complete more than one sanction.

	July-December 2015	January-June 2016	July-December 2016	January-June 2017
<b>Alcohol CHOICES Class</b>	52	28	44	169**
<b>Marijuana CHOICES Class</b>	10	10	4	31
<b>Warning/Probation</b>	0	2	1	0
<b>Housing Exclusion</b>	1	2	0	1
<b>Suspension</b>	1	2	0	1
<b>Other Sanctions</b>	2	4	2	9

\*\*Data includes 66 Fraternity & Sorority members sanctioned to Greek specific CHOICES Class

## References and Resources

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