

# CARE TEAM

CAMPUS ASSESSMENT, RESPONSE AND EVALUATION

## RECOGNIZE IT. REPORT IT.

### ALEX BAKER

- CARE TEAM DIRECTOR
- 719-255-6539
- ABAKER@UCCS.EDU

### AMANDA ALLEE

- DEAN OF STUDENTS
- 719-255-3834
- AALLEE@UCCS.EDU

### CATHRYN CALVERT

- DIRECTOR OF MENTAL HEALTH SERVICES
- 719-255-3660
- CCALVERT@UCCS.EDU

## FAQS

### **Who can refer a student to the CARE Team?**

Anyone who believes a student is exhibiting concerning behaviors or believes a student could benefit from additional support.

### **Does FERPA prohibit me from sharing information about a student with the CARE Team?**

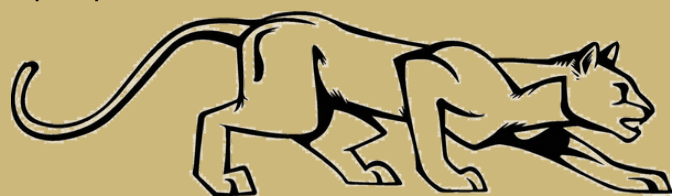
If a university employee has a need to know, FERPA allows you to share your observations, interactions, and academic progress with the CARE Team. All reports are kept confidential within the CARE Team.

### **How do I know if I referred the student to the appropriate campus resource?**

The CARE Team acts as a one-stop resource and will direct the student to appropriate services as needed.

### **What happens after I refer a student?**

A member of the CARE Team may contact you for additional information. The CARE Team typically reaches out to the student to offer resources, make recommendations, and provide referrals. We request that you contact a member of the CARE Team with any follow-up inquires or concerns.



## TIPS & GUIDELINES FOR DEALING WITH DISTRESSED STUDENTS

Anytime you are dealing with students in crisis situations, actively listen and convey your concern and willingness to help. When you communicate with a student in distress be direct, honest, clear, and concise.

- Know your limits and the limitations of your role, you are not expected to act as a counselor or mental health professional.
- Give the student time to talk about their situation.
- Use a calm voice when talking with the student, even if their voice is raised or are excitable.
- When meeting with the student, briefly acknowledge your observations and perceptions of their situation and express your concerns directly and honestly.
- If a student makes concerning suicidal statements, you may contact UCCS Police to assess the student's safety.

## TIPS & GUIDELINES FOR DEALING WITH DISRUPTIVE STUDENTS

This list identifies suggested steps if you encounter a disruptive student in your class. UCCS has a Classroom Behavior Policy that you can find on the Office of the Dean of Students webpage ([www.uccs.edu/dos](http://www.uccs.edu/dos))

- If the student's behavior is irritating, but not disruptive, consider talking with the student privately after class. Set clear guidelines or expectations of the student. Follow up via email with your guidelines or expectations of the student.
- If it is necessary to deal with a student's behavior during class, you should inform the student that the behavior is disruptive and ask that it be stopped.
- If the disruptive behavior continues during either the present or future class, communicate to the student that the continued behavior may result in student disciplinary action.
- If the student continues the disruptive behavior despite this warning, the student should be informed that they will be referred for disciplinary action and should then be instructed to leave the classroom. If the student refuses to leave the classroom, call UCCS Police. Following the class, the instructor should contact the Office of the Dean of Students and provide pertinent information about the student's behavior.

## WHAT TO REFER

This list identifies common examples of behaviors that should be referred to the CARE Team. The behaviors include, but are not limited to:

- Clear signs of distress
- Erratic behavior
- Paranoia
- Threatening words or actions\*
- Violent or aggressive behavior\*
- Classroom disruption
- Missing student
- Lack of responsiveness
- Alienation / isolation from others
- Writings that convey clear intentions to harm oneself or others\*
- Observed self-injurious behavior
- Suicidality, including threats, gestures, ideations, and attempts

*\*If someone is experiencing immediate crisis, call 911 or Campus Police at 719-255-3111.*

## LET THE CARE TEAM KNOW, SO WE CAN WORK TO SUPPORT OUR STUDENTS AND YOU!

1. Submit a referral online\*  
[www.uccs.edu/care](http://www.uccs.edu/care)
2. Call the Office of the Dean of Students  
719-255-3091
3. Visit us in-person  
Main Hall 201

*\*Our preferred method of receiving referrals*